



The Week Ahead ...

Monday 22 April

JOLF Day for Years 2-7

16.00-18.00 Dance by Design Technical Rehearsal, Lancing College

Tuesday 23 April

13.00 Year 6 Science Challenge, Lancing College. **Return 16.30**

14.15-15.30 CSO Chris Marsden visiting Years 5 and 6, Hall

16.15 Parent PSHEE Workshop – Zones of Regulation, Hall

19.30 LPWA Committee Meeting, The Cricketers Pub, Broadwater

Wednesday 24 April

14.00 Cricket Girls-U13A, U12A, U11A vs Windlesham House (A). **Return 17.00**

14.15 Cricket Boys-U13A and U13B vs Shoreham College @ Lancing College. **Return 17.15**

14.15 Cricket Boys-U13C vs Shoreham College (H). **Pick up 16.00**

14.15 Cricket Boys-U11A and U11B vs Shoreham College Boys (A). **Return 17.15**

19.30-20.30 Lancing College Dance by Design Show (including LPW pupils)

Thursday 25 April

UK Junior Maths Challenge

14.30 Cricket Mixed-U9A and U9B vs Shoreham College Mixed (A). **Return 17.00**

19.30-20.30 Lancing College Dance by Design Show (including LPW pupils)

Friday 26 April

10.00 American Football Mixed-U13 and U11 vs Windlesham House (A). **Return 15.45**

LPWA Notices

Dates for the diary:

LPWA meeting - next Tuesday 23rd April - all are welcome.

Bannister Mile - 4th June. We are looking for parent helpers for this event. Please get in touch if you can help.

Uniform sale - Friday 17th June 3-4.30pm in the playground

Summer Fair - Saturday 15th June

Word of the Week

Repdigit (noun)

A number comprised of a series of repeated numbers, e.g., 9,999

Keep up to date with our online calendar
www.lancingprepworthingcalendar.org.uk

And our sports calendar

[\(Lancing Prep at Worthing | Sports Home \(schoolssports.com\)\)](http://LancingPrep.atWorthing|SportsHome(schoolssports.com))
(Team sheet password lpw123)


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SUMMER MENU
Week 1



Lancing Prep Worthing

A Lancing College Preparatory School

	MONDAY	 TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LITTLE STARS	Wholemeal pasta bar - tomato & basil, homemade pesto (with spinach) or cheese sauce	Cottage Pie	Roast chicken with proper gravy	Chicken and vegetable puff pastry pie	Fish fingers or baked white fish with homemade tartare sauce and lemon wedge
MAIN	Wholemeal pasta bar - tomato & basil, homemade pesto (with spinach) or cheese sauce	Cottage Pie	Roast chicken with proper gravy	Chicken and vegetable puff pastry pie	Fish fingers or baked white fish with homemade tartare sauce and lemon wedge
MAIN (VEGAN & VEG)	Potato gnocchi with a herb & garlic butter sauce	Quorn Cottage Pie	Quorn chicken fillet with veggie gravy	Potato, spinach and leek pie	Vegetable goujons
SIDE ORDERS	Garlic bread Steamed greens Seasonal garden salad	Minted green peas Buttered carrots Gravy	Roast potatoes Savoury cabbage and peas Proper gravy	Sweet potato mash / Mashed potatoes Steamed carrots	Chips Peas or baked beans
PROTEIN SALAD BAR	Tuna Mayo, potato and chive salad with crème fraiche, free range eggs	Home baked ham, free range eggs, mozzarella	Sliced beef, spinach, tomato, bacon, parmesan and crouton salad	Home baked ham, Caesar salad, mackerel pate	Coronation chicken, free range eggs, Greek salad
PUDDING	Apple crumble & custard	Bread and butter pudding with vanilla custard	Jam and coconut sponge with custard	Yoghurt pots with toppings	Friday Treat Rocky road

Instrumental Lesson Timetable

Monday

Paul Gunter		Music Rom	Barry Worley		Practice Room
Drums			Guitar		
Monday 22nd April			Monday 22nd April		
8.30am	Rex R		11.00am	Daisy M	
9.00am	Pippa W		11.30am	Tom E-B	
9.30am	Dylan C		12.00pm	Elliott S	
10.00am	Amina K		12.30pm	Lucas B	
10.30am	Harry A		1.00pm	Pasha D	
11.00am	Elliott S		1.20pm		
11.30am	Ben S		1.30pm	Max B	
12.00pm			2.00pm	Japser D	
12.30pm	Theo K		2.30pm	Oscar K	
1.00pm	Mae C				



	Sophia Liu
	Piano
	Monday 22nd April
8.15am	Ryley G
8.45am	Sophia S
9.15am	Zara H
9.45am	Pasha S
10.15am	Elodie G
10.45am	Clementine C-D
11.30am	

Practice Room

	Sarah Leeves
	Brass
	Tuesday 23rd April
9.15am	
9.45am	Jasper D
10.15am	Oscar E
10.45am	
11.00am	Lana G
11.30am	Max B
12.00pm	Daniel B
12.30pm	Emily E
1.00pm	
1.30pm	Oscar W
2.00pm	Freddie B
2.30pm	Damian B
3.00pm	Autumn S
3.30pm	Brass Band

Music Room

Tuesday

Natalie Mason		Practice Room	Sarah Davison		Drama Studio
Voice			Cello		
Tuesday 23rd April			Tuesday 23rd April		
8.15am	Tilly R-C		10.15am	Sebastian F	
8.45am	Eva M	10.45am	India G		
9.15am	Constance D-F	11.15am	Jasper S		
9.45am		11.45am	Helena P		
10.15am	Rex R	12.15pm	Sam W-B		
10.45am	Sofia B-B	12.45pm			
11.15am	Eithne N-W				
11.45am	Barney T				
12.15pm					
12.40pm	Ameera M				
1.10pm	Sia S				
1.40pm	Hunter L				
2.10pm	Francesca G				
2.40pm	Amalie S				
3.10pm	Zoya G-H				
3.30pm					
3.40pm	Unaysah K				
4.10pm	Jessica B				

Wednesday

Simi Fyles		Practice Room	Elizabeth Hosford		Drama Studio
Voice			Piano		
Wednesday 24th April			Wednesday 24th April		
8.00am	Lexi P		8.00am		
8.30am	William B	8.30am	Eileen C		
9.00am	Peaches C	9.00am	Isla L		
9.30am	Phoebe B	9.30am	Orlando B		
10.00am	Ruby H	10.00am	Max B		
10.30am	Leila F	10.30am			
11.00am	Beatrice D	10.45am	Jonathan C		
11.30am	Max B	11.15am	Sia S		
12.00pm	Elodie G	11.45am	Harry C		
12.30pm	Lucas B	12.15pm			
1.00pm		12.45pm	Rosie E		
1.30pm	William J	1.15pm	Rupert W		
2.00pm	Jessica W	1.45pm			
2.30pm	Maisie C				
3.00pm					
3.30pm					

Thursday

Elizabeth Hosford		Drama Studio	Lucy Ballard		Keyboard Room
Piano			Clarinet & Saxophone		
Thursday 25th April			Thursday 25th April		
8.00am	Lana G		7.45am	Ruby H	
8.30am	Lucas K		8.15am	Jonathan C	
9.00am	Freddie B		8.45am	Vivan B	
9.30am	Primrose G		9.15am	Esmee	
10.00am	Rex R		10.15am		
10.30am					
10.45am	Francesca G				
11.15am	Autumn S				
11.45am	Oscar W				
12.15pm	Jasper D				
12.45pm					
1.15pm	Tilly R-C				
1.45pm	Millie P				
2.15pm					



	Rob Campkin
	Violin & Piano
	Thursday 25th April
8.00am	Joshua C
8.30am	Skantha N
9.00am	Harry C
9.30am	Chloe B
10.00am	Madhavan R
10.30am	
11.00am	Miles C
11.30am	Max M
12.00pm	Rory B
12.30pm	
1.00pm	Emily A
1.30pm	Hunter L
2.00pm	William J
2.30pm	Grace T
3.00pm	
3.45pm	Peaches C
4.15pm	Adiella I

Practice Room

	Dom Smith
	Flute
	Friday 26th April
8.15am	Kimberley L
8.45am	Francesca G
9.15am	

Drama Studio

Friday

Rob Campkin		Keyboard Room	Barry Worley		Practice Room
Violin & Piano			Guitar		
Friday 26th April			Friday 26th April		
8.00am	Skantha N		8.00am	Lochie S	
8.30am	Ata K (violin)		8.30am	Devon S	
9.00am	Florence W		9.00am	Jessica B	
9.30am	Hamish B		9.30am	Toby S	
10.00am	Emily T		10.00am	Reeve E	
10.30am	Rishita M		10.30am	Beau E	
11.00am	Frankie M		11.00am	Barney T	
11.30am	Matthew S		11.30am	Amalie S	
12.00pm	Max C		12.00pm	Max M	
12.30pm	Amina K		12.30pm		
1.00pm			1.00pm	Rock Band	
1.30pm	Bertie F		1.30pm	Guitar Rock Prep Band	
2.00pm	Reeve E		2.00pm	Freddie B	
2.30pm	Ata K (piano)		2.30pm	Ethan S	
3.00pm			3.00pm	Ralph E	
			3.30pm	Rory G	
			4.00pm	Orson W	



Lancing Prep Worthing

A Lancing College Preparatory School

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19 April 2024

Dear Families,

I am writing this special letter to ask for your support in maintaining high levels of attendance for your child. Unbroken attendance at school is important for learning.

Whilst we recognise that there are often very important or necessary reasons that children must miss time at school, we have a duty of care, and we are legally obliged to proactively monitor and manage attendance below 90%. The Department for Education detail that any attendance below 94% is weak, under 90% poor and if attendance dips below 85% that this is concerning.

We understand that there are sometimes many reasons that absence is unavoidable, and we appreciate this. However, we ask for your support with this.

If you would like to learn more about your child's attendance or speak further to one of us on this matter, please do not hesitate to get in touch.

Best wishes,

Francesca Milling