



### The Week Ahead ...

#### Monday 4 March

16.30-18.30 Online Parents' Evening: Reception to Year 4

#### Tuesday 5 March

13.30-17.00 Cottesmore Primary Cup Chess Tournament Trip

#### Wednesday 6 March

13.00 Hockey Sevens Boys-U13A and U11A vs Various @ Lancing College. **Return 17.15**

14.15 Football Girls-U13A and U12 vs Lancing Prep at Hove (H). **Pick up 16.00**

14.15 Football Girls-U11A and U10A vs Lancing Prep at Hove (A). **Return 17.00**

14.30 Hockey Sevens Boys-U11B and U11C vs Lancing Prep at Hove (A). **Return 17.15**

16.30-18.30 Online Parents' Evening: Reception to Year 4

#### Thursday 7 March

World Book Day

#### Friday 8 March

Year 4 visit to Fishbourne Roman Palace

Keep up to date with our online calendar  
[www.lancingprepworthingcalendar.org.uk](http://www.lancingprepworthingcalendar.org.uk)

#### And our sports calendar

[Lancing Prep at Worthing | Sports Home \(schoolssports.com\)](http://Lancing Prep at Worthing | Sports Home (schoolssports.com))

(Team sheet password lpw123)

Follow us on Twitter, Instagram and Facebook  
@LancingPrepWthg

### LPWA Notices

**Wonky Bars** - don't forget to order your Wonky Bars via Classlist before Wednesday.

We have been unable to display the **World Book Day Costumes** due to the dreadful weather therefore all costumes are listed on Classlist - please have a look.

**LPW branded umbrellas** for sale - perfect in this weather! Please let us know if you would like to buy one.

**Preloved uniform** - If you are in need of preloved uniform, please email us at [lpwassoc@gmail.com](mailto:lpwassoc@gmail.com) with your requirements and we will be happy to hopefully fulfil your order.

### Word of the Week

Zenith (noun)

The time at which something is most powerful or successful.

### House Point Totals this week:

1<sup>st</sup>: **CELTS** 147

2<sup>nd</sup>: **NORMANS** 108

3<sup>rd</sup>: **BRITONS** 78

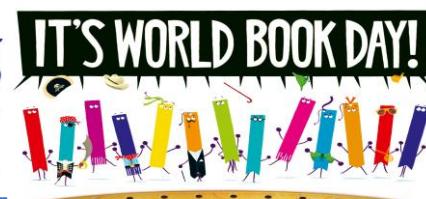
4<sup>th</sup>: **SAXONS** 58

Autumn MENU  
Week 3



# Lancing Prep Worthing

A Lancing College Preparatory School



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LITTLE STARS</b>	Macaroni cheese	Chicken & noodles	Roast beef with mini Yorkshire puddings	Augustus Gloop Sausages or Oompa Loompa Pasta	Fish goujons with homemade ketchup
<b>MAIN</b>	Macaroni cheese with various toppings: toasted pumpkin seeds, butternut squash, sunblushed tomatoes	Chicken and vegetable chow mein	Roast beef with Yorkshire pudding and horseradish	Augustus Gloop Sausages or Oompa Loompa Pasta	Fish goujons with homemade ketchup
<b>MAIN (VEGAN &amp; VEG)</b>	Pumpkin risotto	Tofu and vegetable chow mein	Butternut squash, vegetable & butterbean wellington	Augustus Gloop Sausages or Oompa Loompa Pasta	Chickpea and sweetcorn burger with homemade ketchup
<b>SIDE ORDERS</b>	Steamed green beans and peas	Vegetable spring rolls Prawn crackers Broccoli stir-fry	Roast potatoes Carrots and peas Proper gravy	Grandpa Joe Cabbage (Sauerkraut) Wonka Mash and Gravy	Diced potatoes  Pea medley
<b>PROTEIN SALAD BAR</b>	Sliced beef, roasted vegetables, falafels	Home baked ham, free range eggs, couscous salad	Coronation chicken, tuna mayo, avocado	Home baked ham, mozzarella, mackerel pate	Coronation chicken, free range eggs, cottage cheese
<b>PUDDING</b>	Pineapple upside down cake with custard	Fresh fruit salad	Apple and blackberry strudel with custard	Chocolate Fountain with Dipping Fruit Skewers	<b>Friday Treat</b> Chocolate sponge with chocolate custard
<b>AFTERNOON SNACK</b>	Pain aux raisin  Fresh fruit	Carrot and pineapple tray bake  Fresh fruit	Cheese or ham filled petit pain  Fresh fruit	Grapes and cheese portion  Fresh fruit	Nachos  Fresh fruit

# Instrumental Lesson Timetable

## Monday

	Paul Gunter		Barry Worley	
	Drums		Guitar	
	Monday 4th March		Monday 4th March	
8.30am	Harry C		Roman B-C	
9.00am	Pippa W		Oscar K	
9.30am	Mae C		Lucas B	
10.00am	Dylan C		Jasper D	
10.30am			Pasha D	
10.45am	Harry A			
11.15am	Elliott S		Max B	
11.45am	Ben S		Tom E-B	
12.15pm	Rex R		Elliott S	

Music Rom

Practice Room



	Sophia Liu
	Piano
	Monday 4th March
8.15am	Ryley G
8.45am	Sophia S
9.15am	Elodie G
9.45am	Zara H
10.15am	Pasha S
10.45am	
11.30am	

Practice Room

	Sarah Leeves
	Brass
	Tuesday 5th March
9.15am	
9.45am	Lana G
10.15am	Oscar E
10.45am	
11.00am	Max B
11.30am	Daniel B
12.00pm	Emily E
12.30pm	Oscar W
1.00pm	
1.30pm	Freddie B
2.00pm	Damian B
2.30pm	Autumn S
3.00pm	Jasper D
3.30pm	Brass Band

Music Room

## Tuesday

Natalie Mason		Practice Room	Sarah Davison		Drama Studio
Voice			Cello		
Tuesday 5th March			Tuesday 5th March		
8.15am	Tilly R-C		10.15am	Helena P	
8.45am	Eva M		10.45am	Sebastian F	
9.15am	Constance D-F		11.15am	India G	
9.45am			11.45am	Sam W-B	
10.15am	Rex R		12.15pm	Jasper S	
10.45am	Sofia B-B		12.45pm		
11.15am	Eithne N-W				
11.45am	Barney T				
12.15pm					
12.40pm	Ameera M				
1.10pm	Sia S				
1.40pm	Hunter L				
2.10pm	Francesca G				
2.40pm	Amalie S				
3.10pm	Zoya G-H				
3.30pm					
3.40pm	Unaysah K				
4.10pm	Jessica B				

## Wednesday

	Simi Fyles	Practice Room
	Voice	
	Wednesday 6th March	
8.00am	Ruby H	
8.30am	William B	
9.00am	Peaches C	
9.30am	Lexi P	
10.00am	Leila F	
10.30am	Phoebe B	
11.00am	Beatrice D	
11.30am	Max B	
12.00pm	Elodie G	
12.30pm	Lucas B	
1.00pm		
1.30pm	Jessica W	
2.00pm	Clementine C-D	
2.30pm	Maisie C	
3.00pm	William J	
3.30pm		

## Thursday

	Lucy Ballard	Food Tech Room
	Clarinet & Saxophone	
	Thursday 7th March	
8.15am	Ruby H	
8.45am	Jonathan C	
9.15am	Clementine C-D	
9.45am	Vivian B	
10.15am	Esmee M	
10.45am	Esmee M	

# Thursday

	Rob Campkin
	Violin & Piano
	Thursday 7th March
8.00am	Joshua C
8.30am	Skantha N
9.00am	Harry C
9.30am	William J
10.00am	Chloe B
10.30am	
11.00am	Madhavan R
11.30am	Miles C
12.00pm	Max M
12.30pm	
1.00pm	Emily A
1.30pm	Hunter L
2.00pm	Rory B
2.30pm	Grace T
3.00pm	
3.45pm	Peaches C
4.15pm	Adiella I

Practice Room

	Dom Smith
	Flute
	Friday 8th March
8.15am	Kimberley L
8.45am	Francesca G
9.15am	

Food Tech Rm

## Friday

Rob Campkin		Keyboard Room	Barry Worley		Practice Room
Violin & Piano			Guitar		
Friday 8th March			Friday 8th March		
8.00am	Skantha N	8.00am	Lochie S		
8.30am	Ata K (violin)	8.30am	Devon S		
9.00am	Florence W	9.00am	Jessica B		
9.30am	Hamish B	9.30am	Amalie S		
10.00am	Emily T	10.00am	Ethan S		
10.30am	Rishita M	10.30am	Max M		
11.00am	Frances M	11.00am	Toby S		
11.30am	Matthew S	11.30am	Reeve E		
12.00pm	Max C	12.00pm	Ralph E		
12.30pm	Amina K	12.30pm			
1.00pm		1.00pm	Rock Band		
1.30pm	Bertie F	1.30pm	Guitar Rock Prep Band		
2.00pm	Reeve E	2.00pm	Barney T		
2.30pm	Ata K (piano)	2.30pm	Freddie B		
3.00pm		3.00pm	Beau E		
		3.30pm	Rory G		
		4.00pm	Orson W		





THE HEAD MASTER, MR DOMINIC OLIVER, REQUESTS  
THE PLEASURE OF YOUR COMPANY AT THE

175<sup>TH</sup>

ANNIVERSARY  
BALL

ON SATURDAY 29 JUNE 2024  
AT LANCING COLLEGE

RECEPTION BEGINS AT 6PM  
CARRIAGES AT MIDNIGHT  
DRESS CODE - BLACK TIE  
TICKETS £160/ADULT - £1600/TABLE

ALL MEMBERS OF THE LANCING  
COLLEGE COMMUNITY AND THEIR  
GUESTS ARE WELCOME





















**A SPECTACULAR SMUGGLERS' FOLK OPERA  
COMES TO LANCING COLLEGE CHAPEL THIS APRIL**

# Beware the Mackerel Sky



**Saturday 27 April 6.00pm & Sunday 28 April 3.30pm/6.00pm**

*featuring a cast of over 400 including massed children's and  
adults' choir, orchestra and leading opera singers*



**TOOVEY'S**  
ANTIQUE & FINE ART AUCTIONEERS

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**BOOK TICKETS NOW** <https://bernardimusicgroup.com/events/>

Sing <sup>with</sup> Strings



Lancing College

The  
Yehudi  
Menuhin  
School

# Beware the Mackerel Sky

***Bernardi Music Group presents a new folk opera, in association with  
Lancing College and the Yehudi Menuhin School***

Based on a true community story and performed by over 400 community performers, including Lancing College Choir & College Singers, The Boundstone Chorus, Worthing Choral Society, the Yehudi Menuhin School & String Academy string orchestra and eight primary and secondary schools from across Sussex.

A dramatic tale of smugglers and spies, conflict, mystery, heartache and kindness, this one-act folk opera brings to life the rich smuggling heritage of an early 19th-century Sussex community of Shoreham and Lancing, weaving real-life characters and events with fiction and featuring a musical blend of influences from opera, musical theatre, choral and orchestral music.

**LANCING COLLEGE CHAPEL BN15 0RW**

**SATURDAY EVENING 27 April 2024, 6.00pm (doors open 5.45pm)**

**SUNDAY MATINEE 28 April 2024, 3.30pm (doors open 3.15pm)**

**SUNDAY EVENING 28 April 2024, 6.00pm (doors open 5.45pm)**

Performance lasts approximately 75 minutes

Artistic Director **ANDREW BERNARDI**

Music by **CHRISTOPHER HUSSEY**

Book by **THERESA GOODA** (based on an original book by **CHARLIE OLSEN**)

Lyrics by **CHARLIE OLSEN**

Conductor **STEVE DUMMER**

Chorus Directors **EMILY BARDEN, AEDAN KERNEY MBE & ALEX MASON**

**BOOK TICKETS NOW** <https://bernardimusicgroup.com/events/>

Sing *with* Strings

**A SMUGGLERS' FOLK OPERA COMES  
TO LANCING COLLEGE CHAPEL**

Beware  
the  
Mackerel Sky



**APRIL 27<sup>TH</sup> / 28<sup>TH</sup>**

**BOOK YOUR TICKETS TODAY!**



Lancing College  
Senior School & Sixth Form



**SELLING  
FAST!**

**[WWW.BERNARDIMUSICGROUP.COM/EVENTS](http://WWW.BERNARDIMUSICGROUP.COM/EVENTS)**

# BUILD AN OPERA

for children aged 8-14

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6TH - 10TH AUGUST

Get stuck into the world of creativity -  
devise, compose, paint & perform a brand  
new piece of music theatre!

To find out more & book:

[www.songbuilders.co.uk/build-an-opera](http://www.songbuilders.co.uk/build-an-opera)

Sullington Manor Farm,  
Sullington Lane, RH204AE



Friends of Worthing Town Fc

# EASTER EGGSTRAVAGANZA

**SATURDAY 23RD MARCH**

**9am - 2pm**

**Worthing Town FC**

**Palatine Park BN12 6JN**



**Visit the Easter Bunny in his Make & Take Workshop,  
Easter Egg Hunt,  
Vote for your Star Baker in our competition  
"Worthing Town Fc Does Easter Bake Off",  
Spring Fair, Face Painting,  
Refreshments and More**



**Scan this QR code to Meet the Easter Bunny in  
his workshop**

**Scan this QR code to enter  
the WTFC Does Bake off  
Competition**

