



### The Week Ahead ...

#### Monday 11 December

08.40-09.15 Prep Assembly with Chris Marsden – Police Community Support Officer / Neighbourhood Youth Officer, Hall

14.00-16.00 Celts House Treat, Lancing College Swimming Pool

14.00-16.00 Year 8 Carol Singing in Care Home

#### Wednesday 13 December

09.30-11.00 Rainbow Pantomime Performance: Nursery – Year 4, Hall

09.30-12.10 ABRSM Exams, Lancing College

#### Thursday 14 December

14.00-16.00 LPW House Talent Competition, Hall

#### Friday 15 December

Christmas Jumper Day

11.45-14.15 Christmas Lunch, Hall

15.00-16.00 Years 3-8 Christmas Service, Lancing College Chapel. Refreshments served in Megarry Room from 14.30

16.00 Term ends

### LPWA Notices

Our next “planning meeting” is on Wednesday 17<sup>th</sup> January at The Cricketers at 7.30pm. Please come along with your ideas or if you would simply like to know what is already planned for your children in the Spring term.

### Word of the Week

Lethologica (*noun*)

The inability to remember a particular word or name

### REMINDER

There are no LPW or external clubs next week with the exception of Homework Room which will run Monday to Thursday. There will be no wraparound or Homework Room on the last day of term.

Keep up to date with our online calendar  
[www.lancingprepworthingcalendar.org.uk](http://www.lancingprepworthingcalendar.org.uk)

And our sports calendar

[Lancing Prep at Worthing | Sports Home \(schoolssports.com\)](http://Lancing Prep at Worthing | Sports Home (schoolssports.com))

(Team sheet password lpw123)

Follow us on Twitter, Instagram and Facebook  
[@LancingPrepWthg](https://www.instagram.com/LancingPrepWthg)



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### LITTLE STARS

Cheese omelette

Chicken and noodles

Roast beef, with mini Yorkshire puddings

Mild seasoned chicken fajitas

**Christmas Dinner!**  
Roast Turkey  
Gammon

### MAIN

Roasted vegetable and mozzarella filo tart

Chicken and vegetable chow mein

Roast beef with Yorkshire pudding and horseradish

Chicken fajitas with peamole, sour cream and salsa

Butternut Squash, Spinach, Beetroot, Pumpkin Seeds and Fresh Thyme Pastry Pithiviers

### MAIN (VEGAN & VEG)

Autumn vegetable risotto

Tofu and vegetable chow mein

Butternut squash, vegetable & butterbean wellington

Mixed pepper, courgette, and carrot fajitas, with peamole, sour cream and salsa

Butternut Squash, Spinach, Beetroot, Pumpkin Seeds and Fresh Thyme Pastry Pithiviers

### SIDE ORDERS

Minted potatoes  
Steamed green beans

Vegetable spring rolls  
Prawn crackers  
Broccoli stir-fry

Roast potatoes  
Carrots and peas  
Proper gravy

Herby diced potatoes

Roast potatoes, Buttered carrots, Steamed sprouts, Roasted honey glazed parsnips, Pigs in Blankets, Traditional Stuffing, Gravy, Cranberry sauce

### PROTEIN SALAD BAR

Tuna, mature cheddar, free range eggs

Home baked ham, free range eggs, mozzarella

Sliced beef, tuna mayo, cheddar cheese

Home baked ham, mozzarella, mackerel pate

Coronation chicken, free range eggs, cheddar cheese

### PUDDING

Pineapple upside down cake with custard

Chia, chocolate & coconut pudding (made with coconut milk)

Strawberry cheesecake

Selection of fruit jelly

Chocolate Brownie  
Christmas Tree or Orange Shortbread

### AFTERNOON SNACK

Pain aux raisin  
Fresh fruit

Carrot and pineapple tray bake  
Fresh fruit

Cheese or ham filled petit pain  
Fresh fruit

Grapes and cheese portion  
Fresh fruit

# Instrumental Lesson Timetable

Simi Fyles		Practice Room	Dom Smith		Food Tech Rm
Voice & Piano			Flute		
Monday 11th December			Monday 11th December		
8.30am	Phoebe B		8.15am	Freddie B	
9.00am	Elodie G (piano)		8.45am	Kimberley L	
9.30am	William B		9.15am	Francesca G	
10.00am	Max B		9.45am	Bertie C	
10.30am	Peaches C		10.15am		
11.00am	Charlotte M		10.45am		
11.20am	Lucas B				
11.50am	Tilly R-C				
12.20pm	Zoya G-H				
12.50pm	Francesca G				
1.20pm	Emily A				

	Sarah Leeves		Liz Hosford	
	Brass		Piano	
	Tuesday 12th December		Tuesday 12th December	
10.15am	Emily E		12.30pm	Oscar W
10.45am	Lana G		1.00pm	Millie P
11.15am	Oscar W		1.30pm	Rosie E
11.45am	Freddie B		2.00pm	Sofia S
12.15pm	Jasper D		2.30pm	Lana G
12.45pm	Oscar E		3.00pm	Lucas K
1.15pm	Autumn S		3.30pm	Sia S
1.45pm			4.00pm	Harry C

Music Room

Keyboard Room

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	Natalie Mason		Sarah Leeves		
	Voice		Brass		
	Tuesday 12th December		Wednesday 13th December		
8.30am	Tilly R-C	Practice Room	8.30am	Elias L	Music Room
9.00am	Constance D-F		9.00am	Emily E	
9.30am	Francesca G		9.30am	Max B	
10.00am			10.00am	Damian B	
10.15am	Rex R		10.15am		
10.45am					
11.15am					
11.45am	Barney T				
12.15pm					
12.40pm	Ameera M				
1.10pm	Sia S				
1.40pm	Hunter L				
2.10pm	Zoya G-H				
2.40pm	Amalie S				
3.10pm					
3.40pm	Unaysah K				
4.10pm	Jessica B				

	Elizabeth Hosford	Practice Room		Lucy Ballard	Keyboard Room
	Piano			Clarinet & Saxophone	
	Thursday 14th December			Thursday 7th December	
8.00am	Rex R		8.15am	Ruby H	
8.30am	Francesca G		8.45am	Jonathan C	
9.00am	Primrose G		9.15am	Vivian B	
9.30am	Cleo S		9.45am	Esmee M	
10.00am	Orlando B		10.15am	Clementine C-D	
10.30am	Alex B		10.45am		
11.00am	Eileen C				
11.30am	Theo K				
12.00pm	Jasper D				
12.30pm	Max B				
1.00pm	Tilly R-C				
1.30pm	Freddie B				
2.00pm	Isla L				
2.30pm	Jonathan C				
3.00pm	Autumn S				

Please see below an update from SGN about some upcoming Gas Mains replacement works being carried out from 8th January for 23 weeks on some of the main roads into and out of Worthing Town Centre and towards the A27.

**The roadworks are likely to cause significant impact on journey times. Please share this update with your teams as it will almost certainly affect travel times to and from work in the area.**

### **Essential gas main replacement Lane Closures - A24 & Sompting Avenue, Worthing**

Starting on the 8 January for approximately 23 weeks, SGN contractors DJ Utilities will begin work to replace the gas main along A24 and Sompting Avenue. This essential work will involve the replacement of old metal gas pipes with new plastic pipes to ensure we can continue to provide the local community with a safe and efficient gas supply.

The section of gas main being replaced has a history of gas leaks resulting in the need for disruptive emergency works - by replacing this pipe we'll minimise the risk of leaks in the future.

Due to the location of the gas main on the A24, for everyone's safety varying traffic management will be required, the following outlines our intended plans

#### **Phase one – A24 lane closures - 08 January 2024 for approximately 6 weeks**

Engineers will be working along A24 in the centre two lanes from the junction of Queen Street to opposite Bohunt School. **We will need to close one lane southbound and one lane northbound.**

We will also need to close Queen Street and Georgia Avenue at their junction with the A24. This will mean no access in or out of these roads onto the A24.

#### **Phase two – A24 lane closures - 19 February for approximately 6 weeks**

We will continue to work on the A24 in the centre two lanes from junction of Bohunt School entrance to the junction of Sompting Avenue and Carnegie Road. **We will need to close one lane southbound and one lane northbound.**

Sompting Avenue will be made **one-way eastbound only between junctions of A24 and Beaumont Road**. Traffic from Carnegie Road will only be able to turn left onto the A24.

#### **Phase three – Sompting Avenue - from approximately 2<sup>nd</sup> April for 10 weeks**

We will be working on Sompting Avenue from A24 to Beaumont Road – Sompting Avenue will remain **one-way eastbound only between junction of A24 and Beaumont Road**.

We appreciate our work will be disruptive for road users and the local community, please accept our apologies for the inconvenience these essential works will cause. Please visit <https://www.sgn.co.uk/our-gas-works/major-planned-projects/worthing-a24-and-sompting-avenue> for the latest update on this project.

If you'd like to get in touch with SGN about these works, you can speak to our Customer Service team on 0800 912 1700 or email [customer@SGN.co.uk](mailto:customer@SGN.co.uk) who will direct your enquiry to a member of the project team for a response.

**Thank you for your patience and understanding.  
SGN Project Team**

## **NHS Dentist Information**

We are South Cliff Dental and we are currently accepting new NHS patients - both kids and adults.

### **South Cliff Dental Group - Moulsecoomb Clinic**

Our address is; 15 Coombe Road, BN2 4EB

Our number is; 01273 525382

Our website is; <https://www.southcliffdentalgroup.com/moulescoomb-east-sussex>

We are open every day of the week! Please give us a call or come in person to register for our NHS Dental Clinic and book in your first appointment right away!



# Real

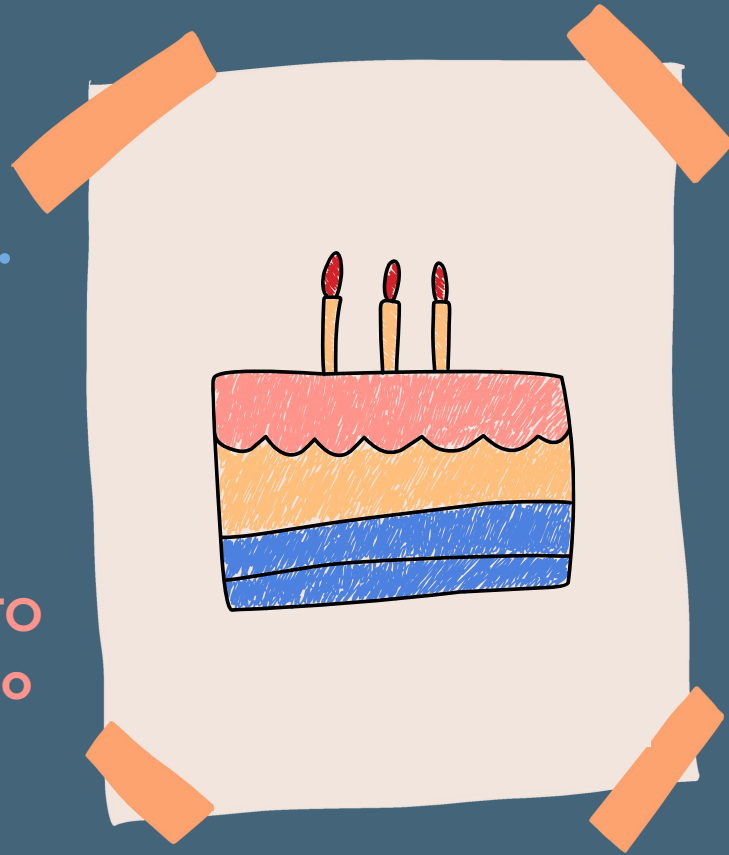
# PÂTISSERIE

## CHRISTMAS CAKE COMPETITION

DESIGN AND DRAW YOUR  
DREAM CHRISTMAS CAKE ...  
AND WE WILL MAKE THAT  
DREAM COME TRUE!

PRIZE: YOUR DESIGN BROUGHT TO  
LIFE BY OUR BAKERS PLUS A £100  
VOUCHER FOR YOUR SCHOOL

RETURN YOUR ENTRY IN PERSON TO  
ONE OF OUR SHOPS AND RECEIVE A  
FREE TREAT!



SCAN ME TO ENTER



CLOSING DATE: DECEMBER 15TH - OPEN TO CHILDREN AGED 4-11

