



The Week Ahead ...

Monday 26 June

Archaeological Dig Week

14.00-16.00 House Treat – Games at Goring Gap and Ice Cream

Tuesday 27 June

Year 5 History Trip to Lewes

Wednesday 28 June

10.30-13.15 Pre-Prep Class Swaps Morning

14.00 Cricket Boys 1st XI vs Windlesham House School @ Lancing College. **Return 17.15**

14.15 Cricket Girls-U13A vs Brighton Girls School (A). **Return 17.15**

14.15 Cricket Girls-U11A vs Brighton Girls School Girls-U12A (H). **Pick up 16.00**

14.30 Cricket Girls-U12A vs Brighton Girls School (A). **Return 17.15**

14.30 Cricket Boys-U13B vs Windlesham House School @ Lancing College. **Return 17.15**

14.30 Cricket Boys-U11A and B vs Windlesham House School (A). **Return 17.15**

15.00-16.00 Pre-Prep Summer Concert, Drama Studio

Thursday 29 June

10.00-12.00 Year 4 trip to Lancing College Chapel

10.30-13.00 Year 6 Bowling Trip

14.00 Cricket Boys-U9A vs Windlesham House School (A). **Return 17.15**

14.00-15.10 Year 7 PSHE RSE Lesson

14.30 Cricket Girls-U8A and U9A vs Brighton Girls School (H). **Pick up 16.00**

Friday 30 June

09.00-12.00 Year 6 visit to Pitch for pizza making

15.00-15.45 Move up time for Years 3-7

LPWA Notices

Thank you for supporting our pre-loved uniform sale, which raised about £640.

A big thank you to the volunteers and supporters at Matilda. Our refreshments made a profit of about £230. This money has been donated to the Matilda set costs.

Ice Pop Friday next Friday 30 June after school.

Fact of the Week!

Avocados are a fruit, not a vegetable. They're technically considered a single-seeded berry, believe it or not.

Keep up to date with our online calendar
www.lancingprepworthingcalendar.org.uk

And our sports calendar

[Lancing Prep at Worthing | Sports Home \(schoolssports.com\)](http://Lancing Prep at Worthing | Sports Home (schoolssports.com))

(Team sheet password lpw123)

Follow us on Twitter, Instagram and Facebook
[@LancingPrepWthg](https://twitter.com/LancingPrepWthg)



Instrumental Lesson Timetable

Drums		Keyboard Room	Guitar		Practice Room
Paul Gunter			Barry Worley		
Monday 26th June			Monday 26th June		
8.30am	Solomon W-Y		1.30pm	Imogen W	
9.00am	Harry C		2.00pm	Dillon C	
9.30am	Harry A		2.30pm	Jasper D	
10.00am	Reuben D				
10.30am					
10.45am	Theo K				
11.15am	Rex R				
11.45am	Elliott S				
12.15pm	Constance D F				
12.45pm					
2.15pm	Damian B				
2.45pm	Lucas K				
3.15pm	Rafferty D				
3.45pm	Henry H				
4.15pm	Tilly R-C				

	Voice & Piano	Keyboard Room		Piano	Music Room
	Simi Fyles			Jenny Goodson	
	Monday 26th June			Monday 26th June	
8.15am	Phoebe B		8.30am	Alex B	
8.45am	Lexi P				
9.15am	Ryley G				
9.45am	Tilly W				
10.15am	Leila F				
10.45am					
11.00am	Beatrice D				
11.30am	Elodie G				
12.00pm	Charlotte M				
12.30pm	William B				

	Cello	Practice Room		Brass	Keyboard Room	
	Sarah Davison					Sarah Leeves
	Tuesday 27th June					Tuesday 27th June
9.30am	Jasper S			8.55am		
10.00am	India G			9.15am		Freddie B
10.30am	Helena P			9.45am		Oscar W
11.00am				10.15am		Lucas C
			10.45am			
			11.00am	Elliott G		
			11.30am	Oscar E		
			12.00pm	Autumn S		
			12.30pm			
			1.00pm	Brass Group		
			1.30pm	Jasper D		
			2.00pm	Daniel B		
			2.30pm	Damian B		
			3.00pm	Millie P		
			3.30pm	Henry H		

	Piano	Music Room		Violin & Piano	Practice Room
	Jenny Goodson			Rob Campkin	
	Tuesday 27th June			Wednesday 28th June	
12.30pm	Clementine C-D		8.00am	Skantha N R	
2.35pm	Isla L		8.30am	Oliver S	
3.45pm	Peaches C		9.00am	Amina K	
		9.30am	Max C		
		10.00am	William J		
		10.30am	Bertie F		
		11.00am	Vivian B		
		11.30am	Harry C		
		12.00pm			
		12.30pm	Skantha N R		
		1.00pm	Year 2 Group A Strings		
		1.30pm	Hunter L		
		2.00pm	Miles C		
		2.30pm	Rory B		
		3.00pm	Damian B		
		3.30pm	Ben F		

	Piano & Double Bass		Violin and Piano		
	Liz Hosford		Rob Campkin		
	Wednesday 28th June		Thursday 29th June		
8.00am		Drama Studio	8.00am	Joshua C	Music Room
8.30am	Theo K		8.30am	Martha M	
9.00am	Autumn S				
9.30am	Tilly R-C		11.00am	Hamish B	
10.00am	Oscar W		11.30am	Clemmy D	
10.45am	Millie P		12.00pm	Madhavan R	
11.15am	Eileen C		12.30pm	Sienna B-W	
11.45am	Rosie E		1.00pm		
12.15pm	Jasper D		1.30pm	Year 1 Group A Strings	
12.45pm	Cleo S		2.00pm	Year 1 Group B Strings	
1.15pm	Primrose G		2.30pm	Frankie M	
			3.00pm	Jessica W	
			3.30pm	Ata K	
			4.00pm	Ata K	

	Piano	Music Room		Piano & Double Bass	Drama Studio
	Jenny Goodson			Liz Hosford	
	Thursday 29th June			Thursday 29th June	
10.00am	Maisie C		8.00am		
10.30am	William J		8.30am	Harry C	
11.00am	Emily T		9.00am	Rex R	
		9.30am			
		10.00am	Max B		
		10.30am	Lana G		
		11.00am	Rupert W		
		11.30am	Cleo S		
		12.00pm	Orlando B		
		12.30pm	Sofia S		

Year 1 Group A - Adiella I, Toby C, Grace T

Year 1 Group B - Rupert W, Aniket D

Year 2 Group A - Primrose G, Chloe B, Jessica W

	Clarinet & Sax		Voice	
	Lucy Ballard	Keyboard Room		Natalie Mason
	Thursday 29th June			Thursday 29th June
7.55am	Janani R		8.10am	
8.25am	Ruby H		8.40am	Ameera M
8.55am	Jonathan C		9.10am	Francesca G
9.25am	Esmee M		9.40am	Abigail
9.55am	George R		10.10am	Sofia S
10.25am			10.40am	
11.00am	Harrison W		11.00am	Constance D F
			11.30am	Zoya G
		12.00pm	Peaches C and Amalie S	
		12.30pm	Tilly R-C	
		1.00pm	Hunter L	
		1.30pm		
		2.00pm	Eithne N-W	
		2.30pm	Sienna B-W	
		3.00pm	Reuben D	
		3.30pm	Misha M	
		4.00pm	Barney T	
		4.30pm	Rex R	

Practice Room

	Flute			Guitar	
	Dom Smith	Keyboard Room		Barry Worley	Practice Room
	Friday 30th June			Friday 30th June	
8.15am	Freddie B		8.00am	Lochie S	
8.45am	Kimberley L		8.30am	Devon S	
9.15am	Bertie C		9.00am	Jessica B	
9.45am	Francesca G		9.30am	Tom E-B	
		10.00am	Misha M		
		10.30am	Henry B		
		11.00am	Freddie B		
		11.30am	Orlando B		
		12.00pm	Amalie S		
		12.30pm	Ethan S		
		1.00pm			
		1.30pm	Rock Band		
		2.00pm	Barney T		
		2.30pm	Daniel B		
		3.00pm	Max M		
		3.30pm	Rory G		
		4.00pm	Orson W		
		4.30pm	Imogen W		

Lancing Prep Worthing Lunch Menu

WEEK:1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Jacket potatoes with a choice of toppings: Coronation chicken, tuna mayo	Mild chilli beef served with chunky guacamole, soured cream, salsa and nachos	Mini roast chicken dinner with Yorkshire puddings and proper gravy	Summer pasta bar Wholemeal pasta served with a tomato and basil sauce, bolognese or grated cheese	Fish fingers or Sustainable white fish with a parsley sauce
Main Course Vegetarian	Veggie bolognese, cheese or baked beans	Vegetable and butter bean chilli with chunky guacamole, soured cream, salsa and nachos	Quorn cutlet with Yorkshire puddings and veggie gravy	Wholemeal pasta served with a tomato and basil sauce, lentil bolognese or grated cheese	Fisherman's pie with tofu, peas and carrot in a parsley sauce, served with mashed sweet and maris piper potato
Main Course Vegan	Veggie bolognese, cheese or baked beans	Vegetable and butter bean chilli with chunky guacamole, salsa and nachos	Quorn cutlet with veggie gravy	Wholemeal pasta served with a tomato and basil sauce, lentil bolognese or grated cheese	Fisherman's pie with tofu, peas and carrot in a parsley sauce, served with mashed sweet and maris piper potato
Side Orders	Garden salad Mixed crudites	Steamed rice Sweetcorn	Roasted new potatoes, cauliflower cheese, peas	Garlic and herb bread Steamed carrots Sweetcorn	Baby new potatoes Peas
Seasonal Salad Bar	Watermelon, feta and mint salad Sliced home baked ham	Moroccan couscous salad Egg mayonnaise	5 bean salad with fresh coriander, lemon and olive oil Red cabbage coleslaw	Chicken and garlic mayo Somerset Bbie	Pesto pasta salad Chargrilled chicken
Dessert of the Day	Fresh fruit salad Fresh fruit	Freshly made yoghurt with granola Fresh fruit	Fruit jelly (vg) Fresh fruit	Rice pudding made with coconut milk and mango Fresh fruit	Chocolate rocky road (Vegan option available) Fresh fruit
Afternoon Snack	Cheesy garlic bread Fresh fruit	Pizza slice Fresh fruit	Carrot and apple muffins Fresh fruit	Apricot, pumpkin seed and yogurt drizzle flapjack Fresh fruit	Popcorn Fresh fruit

LOCATION KEY		
LC	LANCING COLLEGE PREP	
GP	GORING PRIMARY SCHOOL	
ST	ST NICOLAS AND ST MARY SCHOOL	

JULY WEEK 1		
MON 10	LC	NERF GAMES
TUES 11	LC	PERCY JACKSON
WEDS 12	LC	ROALD DAHL DAY
THURS 13	LC	CAVE PAINTING & STONE AGE GAMES
FRI 14	LC	SUPER MARIO DAY

JULY WEEK 2		
MON 17	LC	SURVIVE JURASSIC ISLAND
TUES 18	LC	WATER DAY
WEDS 19	LC	TUG OF WAR, WHITTLING & STICK CHAMPIONSHIPS
THURS 20	LC	SURVIVE DESERT ISLAND
FRI 21	LC	TREE SPIRITS, FAIRY DOORS & FAIRY PLATES



JULY WEEK 3		
MON 24	LC	TUG OF WAR, WHITTLING & STICK CHAMPIONSHIPS
	GP	MINECRAFT VS WILDCRAFT
	ST	SUPER MARIO DAY
TUES 25	LC	WATER DAY
	GP	TUG OF WAR, WHITTLING & STICK CHAMPIONSHIPS
	ST	SURVIVE JURASSIC ISLAND
WEDS 26	LC	TREE SPIRITS, FAIRY DOORS & FAIRY PLATES
	GP	WATER DAY
	ST	TUG OF WAR, WHITTLING & STICK CHAMPIONSHIPS
THURS 27	LC	HARRY POTTER DAY
	GP	TREE SPIRITS, FAIRY DOORS & FAIRY PLATES
	ST	WATER DAY
FRI 28	LC	VOLCANOS, ROCKETS & SLIME
	GP	HARRY POTTER DAY
	LP	TREE SPIRITS, FAIRY DOORS & FAIRY PLATES

JULY/AUGUST WEEK 4			
MON 31	LC	MINECRAFT VS WILDCRAFT	
	GP	VOLCANOS, ROCKETS & SLIME	
	ST	HARRY POTTER DAY	
TUES 1	LC	NERF GAMES	
	GP	MINECRAFT VS WILDCRAFT	
	ST	VOLCANOS, ROCKETS & SLIME	
WEDS 2	LC	PERCY JACKSON	
	GP	NERF GAMES	
	ST	MINECRAFT VS WILDCRAFT	
THURS 3	LC	ROALD DAHL DAY	
	GP	PERCY JACKSON	
	ST	NERF GAMES	
FRI 4	LC	CAVE PAINTING & STONE AGE GAMES	
	GP	ROALD DAHL DAY	
	LP	PERCY JACKSON	

AUGUST WEEK 5			
MON 7	LC	SUPER MARIO DAY	
	GP	CAVE PAINTING & STONE AGE GAMES	
	ST	ROALD DAHL DAY	
TUES 8	LC	SURVIVE JURASSIC ISLAND	
	GP	SUPER MARIO DAY	
	ST	CAVE PAINTING & STONE AGE GAMES	
WEDS 9	LC	WATER DAY	
	GP	SURVIVE JURASSIC ISLAND	
	ST	SUPER MARIO DAY	
THURS 10	LC	TUG OF WAR, WHITTLING & STICK CHAMPIONSHIPS	
	GP	WATER DAY	
	ST	SURVIVE JURASSIC ISLAND	
FRI 11	LC	SURVIVE DESERT ISLAND	
	GP	TUG OF WAR, WHITTLING & STICK CHAMPIONSHIPS	
	LP	WATER DAY	



AUGUST WEEK 6			
MON 14	LC	TREE SPIRITS, FAIRY DOORS & FAIRY PLATES	
	GP	SURVIVE DESERT ISLAND	
	ST	TUG OF WAR, WHITTLING & STICK CHAMPIONSHIPS	
TUES 15	LC	HARRY POTTER DAY	
	GP	TREE SPIRITS, FAIRY DOORS & FAIRY PLATES	
	ST	SURVIVE DESERT ISLAND	
WEDS 16	LC	VOLCANOS, ROCKETS & SLIME	
	GP	HARRY POTTER DAY	
	ST	TREE SPIRITS, FAIRY DOORS & FAIRY PLATES	
THURS 17	LC	MINECRAFT VS WILDCRAFT	
	GP	HARRY POTTER DAY	
	ST	CAVE PAINTING & STONE AGE GAMES	
FRI 18	LC	NERF GAMES	
	GP	MINECRAFT VS WILDCRAFT	
	LP	VOLCANOS, ROCKETS & SLIME	



AUGUST WEEK 7			
MON 21	GP	PERCY JACKSON	
	ST	MINECRAFT VS WILDCRAFT	
TUES 22	GP	WATER DAY	
	ST	NERF GAMES	
WEDS 23	GP	CAVE PAINTING & STONE AGE GAMES	
	ST	PERCY JACKSON	
THURS 24	GP	SUPER MARIO DAY	
	ST	WATER DAY	
FRI 25	GP	SURVIVE JURASSIC ISLAND	
	ST	CAVE PAINTING & STONE AGE GAMES	

2023 SUMMMER OF FUN HOLIDAY CLUBS NOW ON SALE

LINE UP INCLUDES:

**BUSHCRAFT SUPER MARIO DAY CIRCUS SKILLS
SAVAGE STONE AGE WILDCRAFT MEETS MINECRAFT
NATURE NINJAS PERCY JACKSON DAY NERF
WET & WILD WATER DAY STAR WARS DAY VIKING DAY
SUPER STICK CHAMPIONSHIP DESERT ISLAND SURVIVAL CHALLENGE
HARRY POTTER WIZARD WANDS, QUIDDITCH & POTIONS CLASS ROALD DAHL DAY SURVIVE JURASSIC ISLAND**

