

# LANCING PREP WORTHING

## Weekly Briefing

9 December 2022

### The Week Ahead ...

Tuesday 3 January 2023

INSET DAY

Wednesday 4 January

Term begins

14.00-16.30 Years 5-8 Boys Hockey Coaching @  
Lancing College. **Return 16.30**

Friday 6 January

08.30-09.30 Townsend Warner Mock Exam

### WORD OF THE WEEK

Cachinnate (v)

To laugh very, very loudly



Keep up to date with our online calendar  
[www.lancingprepworthingcalendar.org.uk](http://www.lancingprepworthingcalendar.org.uk)

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### REMINDER

There are no LPW or external clubs on the first week of term with the exception of Homework Room which will run Wednesday to Friday.

### LPWA Notices

Date for your Diary

Wednesday 18<sup>th</sup> January – Committee Meeting in the Hall at 7.30pm.

**Amazon Smile** - AmazonSmile is a simple and automatic way for you to support a charity of your choice every time you shop, at no cost to you. Lancing Prep at Worthing is available as a charity that you, your family or friends can choose to support. AmazonSmile is available at [smile.amazon.co.uk](http://smile.amazon.co.uk) on your web browser and can be activated in the Amazon Shopping App for iOS and Android phones. When you shop AmazonSmile, you'll find the exact same low prices, vast selection and convenient shopping experience as [amazon.co.uk](http://amazon.co.uk), with the added bonus that AmazonSmile will donate a portion of the purchase price to your selected charity.

Any money raised helps the school with contributions to trips, events and equipment purchase to enhance the children's time in school.

# The 12 Online Safety Tips of Christmas

## FOR CHILDREN WITH NEW DEVICES

Christmas is almost upon us once again, and soon some lucky children will be excitedly tearing the wrapping off a new mobile phone, tablet or games console. For some of them, it will be the first time they've owned a device that connects them to the online world. Even for older children, a new device means new corners of the digital landscape to explore – and, unfortunately, new risks to be aware of.

We've put together our top tips so that you can guide your young ones in enjoying their new digital gifts safely and responsibly throughout the year to come. Merry Christmas!



### 1. ALWAYS SET A PASSWORD



If your child's new device has a password protection feature, use it! It'll help to keep their private information safe and will deny others access to their device without permission. Your children's passwords should be something memorable to them – but something which other people can't guess (it's also a good idea for parents to write it down in case it gets forgotten!).

### 2. SET UP 'PARENTAL CONTROLS'



This really is an essential when your child gets a new device, so they're protected from the outset. Most phones, tablets and consoles allow you to customise their settings to determine which games your child can play, how they can communicate (and who with), what content they can access and so on. It will give you peace of mind that they can't inadvertently do something they shouldn't.

### 3. PAY ATTENTION TO AGE RATINGS



One of the first things children want to do with any new device is play games and explore apps. Before they download anything or install a new console game, check its age rating. Many popular games and apps have content that's not suitable for younger ages. The safest long-term solution is to adjust the device's settings so they can only download and use games and apps appropriate for their age.

### 4. KEEP NUMBERS AND DEVICES PRIVATE



Make sure your child understands that they should never share their phone number with someone they don't know or accept a friend request from them. They should also appreciate that it's a good idea to mainly keep their device out of sight, never lend it to a stranger, and never put it down somewhere that other people could steal it or take it to use without asking.

### 5. HAVE 'THE MONEY CONVERSATION'



Before your children start using their new device in earnest, talk to them about in-app purchases and other ways that money might be spent through their device. Once they understand, you might want to agree on a spending limit and reassure them that they can come to you if they're uncertain, or if they have made a purchase by accident.

### 6. DISCOURAGE DEVICE DEPENDENCY



Of course, children who've just got a new device will naturally want to spend as much time on it as possible. But whether they're zapping bad guys, watching videos or connecting with friends, it's easy for them to get attached very quickly. Gently remind them that having family time, going outdoors and getting some exercise are still fun, too. And the device will be there when they get back.

### 7. EXPLAIN SECURE WIFI NETWORKS



Your home WiFi is protected by a password that only your family knows, whereas public networks (like those found in coffee shops, for example) can be accessed by anyone. It's important that your child grasps this difference because, if they're using a portable device on an unsecured network, then a hacker could access their personal information without them even knowing.

### 8. LIMIT SCREEN TIME



Using a device for too long, especially just before bed, can interfere with a child's sleep quality and reduce their concentration and overall enthusiasm. It might be helpful to agree on certain times of day when they don't use their device. Most devices' settings let you specify a screen-time limit, helping your child to stay fresh and focused in order to perform well at school.

### 9. ONLY PAIR WITH KNOWN BLUETOOTH DEVICES



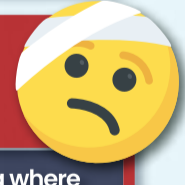
Your child may want to connect to another device via Bluetooth, so they can listen to music wirelessly or share pictures and videos with nearby friends. But if they use Bluetooth to link with a device that they don't know, they're at risk of a stranger being able to see their personal information or having someone transmit a virus onto their device.

### 10. TURN LOCATION SETTINGS OFF



It's safest to disable the device's location services (if it's a portable device) so your child doesn't inadvertently make other people aware of where they are. You can usually do this via the device's privacy control settings. Turning location settings off not only means your child's whereabouts can't be tracked by others, it also significantly extends battery life.

### 11. STAY AWARE OF THE SURROUNDINGS



It's quite common to see adults not looking where they're going while engrossed in their phone. Children are even more easily distracted. In some cases, children have been hit by cars or cyclists because they were staring at their device and lost track of where they were. Remind your child that screens and walking don't mix. If they need to use their device, they should stop in a safe place first.

### 12. BE THERE IF THEY NEED TO TALK



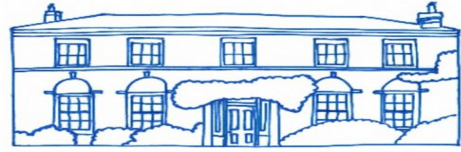
Even when you've made a device as secure as you can, there's still a possibility of your child seeing something that bothers them, or someone they don't know attempting to contact them. If this happens, listen to their concerns, empathise and reassure them. Once they've explained what happened, you can decide if you should take further action like blocking or reporting another user.



 National Online Safety®  
#WakeUpWednesday



# LPWA



Lancing Prep at Worthing Association

## LPWA Newsletter - Autumn 2022

The LPWA have been busy this term organising and holding a Uniform Sale, the Children's Parties, Fireworks Night and the Christmas Fair. Thank you to all the parents who helped and supported our many events. Our events are not possible without your input.

Fireworks Night always takes place on the first Friday back after half term and has always been an event put on for enjoyment and not for profit. Last year was the first year we made a profit at our Fireworks night and this year was no different. We made a profit of just over £1,000. The night was a great success and we managed not to get wet or blown away.

The Christmas Fair was a great success. We made a profit of over £2,500. Thanks goes to Jess Haggerty for donating Cakes and Gingerbread to the fair and to our sponsor 1COR Direct. Santa was very busy on the night and so was our Christmas Craft Fair.

Monies raised from all our many events go towards educational trips and visits, children's parties and even Christmas Crackers for Christmas Lunch on the last day of term.

This term we have funded Strictly Come Historical Dance, Greek Day, Mr Pumpkin, Pantomime on site and Stone Age Day,

We also funded books for the French Library. Madam Valantin wrote a wonderful email thanking the LPWA for the purchase. She wrote "One of our year 7 pupils is reading a 47 page book about Marie-Curie and said how surprised he was to be able to understand a lot of the words. It allows him to enjoy the story and at the same time to focus his attention on new words. Yesterday, in French Club 3 pupils unfolded the beautiful giant ABC book whilst another Year 4 pupil read Little Red Riding Hood in French with me. She then asked if she could borrow the book to read it several times at home and learn new words."

In the Spring term we have lots planned, starting with our committee meeting, a Hot Chocolate & Doughnut Friday, the Children's Parties and, of course, we are funding a trip to the Ice Rink. There are also other funded trips and events happening in the Spring term.

We will be holding our Committee meeting on Wednesday 18<sup>th</sup> January in the school hall from

7.30pm. Please come along with your ideas for events/funding raising or to hear what we have in store for your children for the rest of the year. Please remember as a parent/guardian of a child at LPW you are automatically a member of the LPWA. Your help and support are very much appreciated.

Fun was had by all at our bi-annual children's parties in September.





A Big THANK YOU for your support during the Autumn term.

From  
Jane, Clare & Karen  
Co-Chairs of the LPWA



# Lancing Prep Worthing

A Lancing College Preparatory School

	Voice		Clarinet & Sax		
	Natalie Mason		Lucy Ballard		
	Thursday 5th January		Thursday 5th January		
11.00am	Charlotte M	Keyboard Room	7.55am	Janani R	Keyboard Room
11.30am	Constance D F		8.25am	Ruby H	
12.00pm	Abigail M		8.55am	Jonathan	
12.30pm	Tilly R-C		9.25am	Esmee	
1.00pm			9.55am	George	
1.30pm	Misha M		10.25am		
2.00pm	Sienna B-W				
2.30pm	William B				
3.00pm	Reuben D				
3.30pm	Beatrice D				
4.00pm	Max B				
4.30pm					

	Piano & Double Bass	Drama Room		Flute	Keyboard Room
	Liz Hosford			Dom Smith	
	Thursday 5th January			Friday 6th January	
8.30am	Lana G		8.30am	Francesca G	
9.00am	Lexi P		9.00am	Freddie B	
9.30am	Cleo S		9.30am	Kimberley L	
10.00am	Primrose G				
10.30am					
10.45am	Ata K				
11.15am	Rex R				
11.45am	Harry C				
12.15pm	Max B				
12.45pm					
1.15pm	Freddie B				
1.45pm	Lucas K				
2.15pm	Rupert W				
2.45pm	Theo K				
3.15pm					

	Piano & Double Bass		Voice	
	Liz Hosford		Natalie Mason	
	Friday 6th January		Friday 6th January	
8.30am	Elliot G		Sia S	
9.00am	Sofia S		Leila F	
9.30am	Rosie E		Zoya G	
10.00am	Sia S		Sofia S	
10.30am				
10.45am	Oscar W		Phoebe B	
11.15am	George R		Peaches C & Amalie S	
11.45am	Autumn S		Francesca G	
12.15pm	Tilly R-C		Eithne N-G	
12.45pm	Jonathan C		Hunter L	
1.15pm			Lexi P	
1.45pm	Eileen C			
2.15pm	Jasper D			
2.45pm	Millie P			
3.15pm	Francesca G			

Drama Room

Music Room