

# LANCING PREP WORTHING

## Weekly Briefing

30 September 2022

### The Week Ahead ...

#### Monday 3 October

Year 8 Set 1 CATs

#### Tuesday 4 October

Year 8 Set 2 CATs

16.15-18.00 Online Parents' Meetings for Reception to Year 4

**NO JUNIOR NETBALL CLUB OR PRE-PREP SPORTS CLUB TODAY**

#### Wednesday 5 October

14.30 Boys/Girls Football: U13/12 v Prebendal School (H). **Pick up 16.00**

14.30 Boys Football: U11/10 A and B v Prebendal School (A). **Return 17.00**

14.30 Girls Hockey: U11/10 A and B v St Christopher's (H – Lancing College). **Return 16.45**

14.30 Girls Hockey: U12/13 A and B v St Christopher's (H – Lancing College). **Return 16.45**

#### Thursday 6 October

14.30 Boys & Girls Netball and Football: U9/8 Festival at Shoreham College (A). **Return 17.00**

16.15-19.30 Online Parents' Meetings for Reception to Year 4

**NO CONSTRUCTION CLUB TODAY**

#### Friday 7 October

Year 7 trip to Battle Abbey

10.00 Mouthguard Fittings for Prep pupils

#### Saturday 8 October

10.00-12.00 Open Morning for Prospective Families

Keep up to date with our online calendar  
[www.lancingprepworthingcalendar.org.uk](http://www.lancingprepworthingcalendar.org.uk)

Follow us on Twitter, Instagram and Facebook  
[@LancingPrepWthg](https://twitter.com/LancingPrepWthg)

### LPWA Notices

A big thank you to all who helped and supported the party night.

We are looking for a sponsor for our Christmas Fair this year. Please get in touch if you are interested.

**Fireworks Night** – Friday 4<sup>th</sup> November – Tickets to go on sale soon. Look out for the order form.

#### Dates for your diary

**Bring a Bottle** – Friday 18<sup>th</sup> November (Please donate a bottle of anything to our bottle tombola which takes place at our Christmas Fair)

Saturday 19<sup>th</sup> November – **Winter Wonderland** at the College. Tickets available to purchase soon.

**Christmas Fair** – Friday 25<sup>th</sup> November

**Amazon Smile** - AmazonSmile is a simple and automatic way for you to support a charity of your choice every time you shop, at no cost to you. Lancing Prep at Worthing is available as a charity that you, your family or friends can choose to support. AmazonSmile is available at [smile.amazon.co.uk](http://smile.amazon.co.uk) on your web browser and can be activated in the Amazon Shopping App for iOS and Android phones. When you shop AmazonSmile, you'll find the exact same low prices, vast selection and convenient shopping experience as [amazon.co.uk](http://amazon.co.uk), with the added bonus that AmazonSmile will donate a portion of the purchase price to your selected charity. Any money raised helps the school with contributions to trips, events and equipment purchase to enhance the children's time in school.

### WORD OF THE WEEK

Tete-a-tete (noun)

A private conversation between two people



# Lancing Prep Worthing

A Lancing College Preparatory School

## Instrumental Lesson Timetable

Drums		Keyboard Room	Piano		Music Room
Paul Gunter			Jenny Goodson		
Monday 3rd October			Monday 3rd October		
8.45am	Rosie E		8.30am	Alex B	
9.00am	Reuben D				
9.30am	Elliott S				
10.00am	Constance D				
10.30am					
10.45am	Vivian B				
11.15am	Harry A				
11.45am	Lucas K				
12.15pm	Theo K				
12.45pm					
2.00pm	Solomon W-Y				
2.30pm	Harry C				
3.00pm	Rafferty D				
3.30pm					
3.45pm	Henry H				
4.15pm	Tilly R-C				
4.45pm					

	Brass	Keyboard Room		Piano	Music Room
	Sarah Leeves			Jenny Goodson	
	Tuesday 4th October			Tuesday 4th October	
9.20am	Elliot G			3.45pm	
9.55am	Ben B				
10.25am					
10.45am	Damian B				
11.20am	Lucas C				
11.55am	Autumn S				
12.30pm					
1.00pm	Brass Group				
1.30pm	Jasper D				
2.00pm	Millie P				
2.30pm	Oscar W				
3.00pm	Freddie B				
3.30pm	Henry H				

Year 2 Group A - Primrose G, Chloe B, Jessica W

Year 2 Group B - Miles C, Matthew S, Mahdavan R

	Violin & Piano		Piano & Double Bass		
	Rob Campkin		Liz Hosford		
	Wednesday 5th October		Wednesday 5th October		
8.00am	Tilly W	Hall	8.30am	Elliot G	Drama Room
8.30am	Zoya G		9.00am	George R	
9.00am	Clemmy D		9.30am	Autumn S	
9.30am	Rory B		10.00am	Tilly R-C	
10.00am	Year 2 Group B Strings		10.30am		
10.30am	Jessica W	FT Room	10.45am	Eileen C	
11.00am	Amina K		11.15am	Jonathan C	
11.30am	Max C		11.45am	Jasper D	
12.00pm	Hunter L		12.15pm	Millie P	
12.30pm	Skantha N		12.45pm	Francesca G	
1.00pm	Year 2 Group A Strings	Music Room	1.15pm		
1.30pm			1.45pm	Sofia S	
2.00pm	Damian B		2.15pm	Rosie E	
2.30pm	Ben F		2.45pm	Sia S	
3.00pm	Madhavan R		3.15pm	Oscar W	
3.30pm	Hamish B				

	Piano			Voice	
	Jenny Goodson	Keyboard Room		Natalie Mason	Keyboard Room
	Wednesday 5th October			Thursday 6th October	
2.00pm	Isla L		11.00am	Leila F	
2.30pm	Emily T		11.30am	Lexi P	
3.00pm	William J		12.00pm	Phoebe B	
3.30pm	Trixie G		12.30pm	Reuben D	
			1.00pm		
		1.30pm	Misha M		
		2.00pm	William B		
		2.30pm	Sia S		
		3.00pm	Tilly R-C		
		3.30pm	Beatrice D		
		4.00pm	Max B		

	Violin and Piano		Clarinet & Sax		
	Rob Campkin	Keyboard Room	Lucy Ballard	Keyboard Room	
	Thursday 6th October		Thursday 6th October		
8.00am	Joshua C		7.55am		Janani R
8.30am	Martha M		8.25am		Ruby H
			8.55am		George R
11.00am	Frankie S		9.25am		Esmee M
11.30am	Sienna B-W		9.55am		Jonathan C
12.00pm	Ata K		10.25am		
12.30pm	Harry C				
1.00pm					
1.30pm	Year 1 Group A Strings				
2.00pm	Year 1 Group B Strings				
2.30pm	Vivian B				
3.00pm	Eloide G				
3.30pm	Anvita D				
4.00pm	Ryley G				
4.30pm	Orson				
5.00pm	Oliver S				

Year 1 Group A - Adiella I, William J, Toby C, Grace T

Year 1 Group B - Rupert W, Romey F, Aniket D

	Piano & Double Bass		Piano		
	Liz Hosford	Drama Room	Jenny Goodson	Music Room	
	Thursday 6th October		Thursday 6th October		
8.30am	Lana G		10.00am		Clementine C-D
9.00am	Lexi P		10.30am		
9.30am	Harry C				
10.00am	Rex R				
10.30am					
10.45am	Max B				
11.15am	Freddie B				
11.45am	Lucas K				
12.15pm	Theo K				
12.45pm					
1.15pm	Primrose G				
1.45pm	Cleo S				
2.15pm	Rupert W				
2.45pm	Ata K				
3.15pm					

	Flute	Keyboard Room		Voice	Music Room
	Dom Smith			Natalie Mason	
	Friday 7th October			Friday 7th October	
8.30am	Freddie B		10.30am	Eithnee N-W	
9.00am	Kimberley L		11.00am	Sophia S	
9.30am	Francesca G		11.30am	Charlotte M	
		12.00pm	Constance D F		
		12.30pm	Sienna B-W		
		1.00pm			
		1.30pm	Hunter L		
		2.00pm	Zoya G		
		2.30pm	Francesca G		
		3.00pm	Peaches C & Amalie S		
		3.30pm	Abigail M		



	Guitar	Drar
	Barry Worley	
	Friday 7th October	
8.30am	Henry B	
9.00am	Devon S	
9.30am	Max M	
10.00am	Tom E-B	
10.30am	Daniel B	
11.00am	Ethan S	
11.30am	Amalie S	
12.00pm	Orson W	
12.30pm	Orlando B	
1.00pm		
1.30pm	Rock Band	
2.00pm	Barney T	
2.30pm	Freddie B	
3.00pm	Misha M	
3.30pm	Lochie S	
4.00pm	Imogen W	
4.30pm	Rory G	



# OCTOBER HALF TERM 2022

“Childcare during the holidays they want to go to”  
Fresh air. Fresh activities. Fresh attitude.



## CREEPY CRAFTS & CAMPFIRE COOKOUT

Taking inspiration from Latin American culture, join us for a day of toasting churros on the campfire, making spooky Day of the Dead sugar skulls & playing loads of ghoulish games.

## EDIBLE BLOOD, SNOT & ZOMBIE GAMES

Not as scary as it sounds! We'll be embarking on a zombie fun-filled day of snotty slime making, edible blood & scab making, a hilarious body part scavenger hunt & lots of light-hearted Halloween fun & games.

## HARRY POTTER DAY

In this session, we draw our inspiration from the Harry Potter book series. A firm favourite for all you Potter fans. Have fun whittling your very own woodland wand, brew potions & play the game of Quidditch! How will you defend against the dark arts of our dementor?

## BUSHCRAFT & CAMPFIRE DAY

Join our instructors for a day of fire lighting skills, camp building, Toasting stick whittling and of course, testing your stick to toast marshmallows!

## MINECRAFT MEETS WILDCRAFT

Minecraft Survivor challenge. Collect your elements, build and maintain your village, earn reward pixels and protect your land and villagers. Watch out for the Creeper!

## NERF – WINTER WASTELAND

Join us for an energetic day of Nerf dart dodging, playing tactical, team-based Nerf games in our apocalyptic winter wasteland. Defend The Vault, Swamp Rescue & Zombie Apocalypse. Lock & load, kids! (Due to more competitive nature of this day, age 6+ is recommended)

## KENSUKE'S KINGDOM – WILDERNESS ADVENTURE

Part of our Literature to Life series, based on Michael Morpurgo's book Kensuke's Kingdom. Join us on Kensuke's shipwrecked island where we'll survive by making our very own traditional trident fishing spear to take home, create Japanese-style art from chalk rubbings & 'squid ink' Japanese letter writing, & help us rescue the orangutans from the evil poachers.



For more info on dates, locations and how the clubs run & to book: [WWW.THEOUTDOORSPROJECT.CO.UK](http://WWW.THEOUTDOORSPROJECT.CO.UK)





# OCTOBER HALF TERM 2022

“Childcare during the holidays they want to go to”  
Fresh air. Fresh activities. Fresh attitude.



**LANCING COLLEGE PREP  
BROADWATER, WORTHING**

MON 17TH OCT  
**BUSHCRAFT & CAMPFIRE DAY**

TUES 18TH OCT  
**NERF - WINTER WASTELAND**

WEDS 19TH OCT  
**KENSUKE'S KINGDOM -  
WILDERNESS ADVENTURE**

THURS 20TH OCT  
**MINECRAFT MEETS WILDCRAFT**

FRI 21ST OCT  
**CREEPY CRAFTS &  
CAMPFIRE COOKOUT**



“RECOMMENDED  
FOR ALL FREE-  
RANGE FANS!”



MON 24TH OCT  
**EDIBLE BLOOD, SNOT  
& ZOMBIE GAMES**

TUES 25TH OCT  
**NERF - WINTER WASTELAND**

WEDS 26TH OCT  
**KENSUKE'S KINGDOM -  
WILDERNESS ADVENTURE**

THURS 27TH OCT  
**HARRY POTTER: WIZARD WANDS,  
QUIDDITCH & POTIONS CLASS**

FRID 28TH OCT  
**CREEPY CRAFTS & CAMPFIRE COOKOUT**

“ANOTHER EPIC  
DAY, 3 YEARS OF  
ATTENDING THE  
CLUB & MY SON  
STILL THINKS IT'S  
THE BEST THING  
EVER”

For more info on dates, locations and how the clubs run & to book: [WWW.THEOUTDOORSPROJECT.CO.UK](http://WWW.THEOUTDOORSPROJECT.CO.UK)  
BIRTHDAY PARTIES - AFTER SCHOOL CLUBS - SCHOOL WORKSHOPS - PARENT TODDLER GROUP - FRANCHISE - WEEKEND CLUBS



# Lancing Prep Worthing Lunch Menu WEEK:2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Baked potatoes with a choice of fillings: Tuna mayo, beans, mature cheddar, mild vegetable and lentil curry	Pork meatballs and tomato sauce	Traditional cottage pie	Chicken & vegetable fajitas, served with salsa, soured cream and smashed avocado	Breadcrumbed sustainable fish fillets
Main Course Vegetarian	Sweet potato, spinach and aubergine lasagne	Halloumi and vegetable kebabs with a sweet chilli sauce	Vegetable and lentil cottage pie	Roasted vegetable and bean enchiladas	Sweetcorn and red pepper fritters with tomato sauce
Main Course Vegan	Jacket potato with a mild vegetable and lentil curry	Vegan burger with a tomato sauce	Vegetable and lentil cottage pie	Roasted vegetable and bean enchiladas with guacamole	Sweetcorn and red pepper fritters with tomato sauce
Side Orders	Coleslaw, broccoli, mixed leaf salad	Penne pasta, sweetcorn, parmesan cheese	Carrots and garden peas	Soft flour tortillas, roast butternut squash and sweetcorn, rice	Chips, baked beans
Seasonal Salad Bar	Assorted seasonal salads with protein options	Assorted seasonal salads with protein options	Assorted seasonal salads with protein options	Assorted seasonal salads with protein options	Assorted seasonal salads with protein options
Dessert of the Day	Pear and chocolate crumble with custard Vegan fruit crumble	Fruit smoothie (vg)	Freshly made yoghurt with mixed toppings Vegan custard pot	Strawberry jelly (vg)	Chocolate brownie Vegan fairy cake