

# LANCING PREP WORTHING

## Weekly Briefing

24 June 2022

### The Week Ahead ...

#### Monday 27 June

Year 6 and 7 Bikeability Week begins. Ends 30 June.

Year 8 Archaeology Dig begins. Ends 1 July.

07.45-08.15 Swerve Soccer Strength and Conditioning Free Session for Years 4-7, Field

#### Wednesday 29 June

09.30-15.00 Year 1 trip to Amberley Museum

14.30 Boys and Girls Cricket: U13 (Softball) v U12 (H - Lancing College). **Return 17.15**

14.30 Boys and Girls Cricket: U11 (Softball) v U10 (H - Lancing College). **Return 17.15**

#### Thursday 30 June

09.00-10.25 Year 7 and 8 RSHE session

14.15 TBC Boys and Girls Cricket: U9 (Softball) v U8 (H). **Pick up 16.00**

15.00-15.45 Pre-Prep Summer Concert

#### Friday 1 July

10.30-13.00 Class swaps morning for Reception, Year 1 and Year 2

15.00-15.45 Move up time for Years 3-7

### LPWA Notices

#### Dates for your Diary

**Quiz Night** – Now rescheduled for Friday 23 September

**AGM & Committee** – Wednesday 28<sup>th</sup> September from 7.30pm in the Hall. As parents/guardians of children at LPW you are all members of the LPWA so PLEASE come along and share your ideas and find out what we have in store for 2022/23.

### WORD OF THE WEEK

#### Netiquette (noun)

The rules of etiquette that apply when using the internet

#### House Point Totals this week:

1 <sup>st</sup> :	<b>SAXONS:</b>	<b>235</b>
2 <sup>nd</sup> :	<b>CELTS:</b>	<b>224</b>
3 <sup>rd</sup> :	<b>NORMANS:</b>	<b>180</b>
4 <sup>th</sup> :	<b>BRITONS:</b>	<b>154</b>

Keep up to date with our online calendar  
[www.lancingprepworthingcalendar.org.uk](http://www.lancingprepworthingcalendar.org.uk)

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# Lancing Prep Worthing

## A Lancing College Preparatory School

**STOP  
PRESS!**

24 June 2022

### **FAME!**

It's been a hugely busy time at school and all the hard work everyone has been putting in has paid off in our fabulous production of Fame, performed at the College theatre this week. Our regular news bulletin will be sent out next week but we just had to share some images of the show this week.



Please note that lots of lesson times are very different due to many students not being available on Tuesday 28<sup>th</sup>

## Lamda Lessons with Poppy

# 27<sup>th</sup> June

LESSON TIMES	Monday	Tuesday
8:00	8- Misha	
8:30	7- Ben and Josh	8- Tom
9:00	7- Imogen + Janani	8- Ava
9:30	8- Anna + Amelie	
10:00		2- Emily, Madhavan, Maxwell, Roseanna, Sofia, Clementine, Sia, Harry, Freddie
10:30	6L- Mairead, Kimberly	6G- Orson
11:00	8- Grace	5L- Sam, Sienna – IT
11:30	6L- Phoebe, Jessica	5B- Ryley, Harry- GEOGRAPHY
12:00	3P- Peaches, Daniel, Esme, Rose, Jasper	4- Vivian, Beau, Olivia, Skantha, Charlotte, William
12:30		3- P- Francesca, Elliott S-Tilly, Eileen, Alex
13:00	8- Albie	
13:30	7- Molly + Chloe	5L- Max, Jonathan, Sienna
14:00	8- Monty	3S- Cameron, Damian, Elodie, Emily, Amalie
14:30	6G- Unaysah, Elizabeth	5L- Reuben, Misha, Sam- REP
15:00	1a- Cleo, Matthew, Chloe, Roman, Trixie, Tilly, Zara, Leah	5B- India, Sophia, Freddie- MATHS
15:30	6G- Ruby, Lexi	5L- Joshua, Rex
16:00	8- Hope	

	Voice & Piano		Drums		
	Simi Fyles		Paul Gunter		
	Monday 27th June		Monday 27th June		
8.00am	Grace W & Sophia B	Keyboard Room	9.30am	Rafferty D	Music Room
8.30am	Amelie K-M		10.00am	Constance DF	
9.00am	Jonathan C		10.30am	Theo K	
9.30am	Peaches C & Amalie S		11.00am	Henry H	
10.00am	Ryley G		11.30am	Elliott S	
10.30am			12.00pm	Reuben D	
11.00am	Leila F		12.30pm	Solomon W-Y	
11.30am	Beatrice D		1.30pm		
12.00pm	Orson W		2.00pm	Phoebe B	
12.30pm	Elizabeth H		2.30pm	Lucas K	
1.00pm	Anna B		3.00pm	Vivian B	
1.30pm			3.45pm	Regan C	
2.00pm	Ruby H		4.45pm	Tilly R-C	
2.30pm	Molly B		4.45pm	Max B	
3.00pm	Phoebe B				
3.30pm	John H				
4.00pm					

	Piano	Music Room		Cello	IT Room
	Jenny Goodson			Hannah Sloane	
	Monday 27th June			Monday 27th June	
8.30am	Autumn S		8.30am	India G	
9.00am	Emily T				

Brass		Keyboard Room	Piano		Music Room
Sarah Leeves			Jenny Goodson		
Tuesday 28th June			Tuesday 28th June		
9.15am	Henry H		3.45pm	Alex B	
9.45am	Freddie B				
10.15am	John H				
10.45am	Thomas S				
11.15am	Millie P				
11.45am	Ben B				
12.15pm	Lucas C				
12.45pm					
1.00pm	Brass Group				
1.30pm	Elliot G				
2.00pm	Oscar W				
2.30pm	Jasper D				
3.00pm	Autumn S				

	Piano	Music Room		Voice & Piano	Keyboard Room
	Jenny Goodson			Simi Fyles	
	Wednesday 29th June			Wednesday 29th June	
2.15pm	Trixie G		11.30am	Zoya G	
2.45pm	Clementine C-D & Isla L		12.00pm	Lucas K	
3.15pm	Sia S		12.30pm	Hattie S	
3.45pm	Cooper P		1.00pm	Francesca G & Rose E	
		1.30pm			
		2.00pm	Tilly W		
		2.30pm	William B		
		3.00pm	Charlotte M		
		3.30pm	Tilly R-C		
		4.00pm	Elodie G		
		4.30pm			

	Piano & Double Bass		Violin and Piano		
	Liz Hosford		Rob Campkin		
	Wednesday 29th June		Wednesday 29th June		
8.30am	Eileen C	Keyboard Room	9.00am	Oliver S	Music Room
9.00am	Zoya G		9.30am	Sienna B-W	
10.00am	Primrose G		10.00am	Damian B	
10.30am	Elliot G		10.30am	Ben F	
11.00am	Jasper D		11.00am	Hunter L	
11.30am	Rose E				
12.00pm	Theo K				
12.30pm					
1.00pm	Lexi P				
1.30pm	Sam E				
2.00pm	Oliver E				
2.30pm	Sofia S				



Violin and Piano		Keyboard Room	Clarinet & Sax		Keyboard Room
Rob Campkin			Lucy Ballard		
Thursday 30th June			Thursday 30th June		
8.30am	Martha M		8.00am	Janani R	
			8.30am	Jonathan C	
11.00am	Joshua C		9.00am	Esmee M	
11.30am	Harry C		9.30am	Ruby	
12.00pm	Skantha N		10.00am	George R	
12.30pm	Vivian B		10.30am		
1.15pm	Frankie S				
1.45pm	Year 1 Group A Strings				
2.15pm	Year 1 Group B Strings				
2.45pm	Anvita D				
3.15pm	Jessica W				
4.15pm	Logan B				

Year 1 Group A - Primrose G, Chloe B, Jessica W

Year 1 Group B - Leah B, Miles C, Matthew S, Mahdavan R

Piano & Double Bass		Drama Room	Piano		Music Room
Liz Hosford			Jenny Goodson		
Thursday 30th June			Thursday 30th June		
8.30am	Lana G		12.00pm	Alex B	
9.00am	Ava U		12.30pm		
9.30am	Harry C		3.10pm		
10.00am	Rex R				
10.30am					
10.45am	Oscar W				
11.15am	Max B				
11.45am	Tilly R-C				
12.15pm	Millie P				
12.45pm					
1.15pm	Francesca G				
1.45pm	George R				
2.15pm	Rosie E				
2.45pm					
3.15pm					

	Cello	IT Room		Flute	Keyboard Room
	Hannah Sloane			Dom Smith	
	Friday 1st July			Friday 1st July	
8.30am	India G		8.00am		
		8.30am	Freddie B		
		9.00am	Joshua H		
		9.30am	Kimberley L		

	Violin	Music Room		Guitar	Drama Room
	Rob Campkin			Barry Worley	
	Friday 1st July			Friday 1st July	
7.45am	Anna B			8.00am	
			8.30am	Henry B	
			9.00am	Tom E-B	
			9.30am	Daniel B	
			10.00am	Ethan S	
			10.30am	Amalie S	
			11.00am	Orson W	
			11.30am	Sam E	
			12.00pm	Barney T	
			12.30pm	Mikaaeel M	
			1.00pm		
			1.30pm	Rock Band	
			2.00pm	Misha M	
			2.30pm	Oliver E	
			3.00pm	Jessica B	

	Piano	Music Room
	Jenny Goodson	
	Friday 1st July	
1.30pm	Freddie B	
3.45pm	Molly B	

# Lancing Prep Worthing Lunch Menu

WEEK:1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Vegetable, spinach and tomato cannelloni	Sticky lemon chicken with charred peppers	Moroccan style lamb meatballs in a sweet tomato sauce Minted yoghurt dip Flatbread	Traditional beef bolognese	Salmon fishcakes with a tartare sauce
Main Course Vegetarian	Penne pasta with a choice of carbonara sauce or tomato and basil sauce	Stir fried vegetables in a black bean sauce	Spinach and courgette tart	Roasted vegetable bolognese	Loaded sweet potatoes
Main Course Vegan	Gnocchi baked in a tomato and basil sauce with a vegan glaze	Stir fried vegetables in a black bean sauce	Spinach and courgette tart	Roasted vegetable bolognese	Vegan loaded sweet potatoes
Side Orders	Sweetcorn Garlic bread Olives	Egg noodles Stir fry greens	Golden couscous Steamed broccoli	Pasta twists Parmesan cheese Steamed carrots Garlic bread	Skinny fries Garden peas Baked beans
Seasonal Salad Bar	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread
Dessert of the Day	Apricot and honey sponge Vegan custard pot Daily fruit pots and yoghurt	Freshly made yoghurt with a peach coulis Daily fruit pots and yoghurt	Strawberry jelly (vg) Daily fruit pots and yoghurt	Anyone for Tennis? Strawberries and cream Daily fruit pots and yoghurt	Rocky road Daily fruit pots and yoghurt