

# LANCING PREP WORTHING

## Weekly Briefing

11 March 2022

### The Week Ahead ...

#### Monday 14 March

16.00-17.00 Lodge Hill Meeting for parents and pupils in Years 3-6, Hall

#### Wednesday 16 March

09.30-15.00 Year 1 trip to Leonardslee Gardens

14.00 Boys Hockey: U13A and B v Sompting Abbots (H) @ Lancing College. **Return 16.30**

14.00 Boys Hockey U11A and B v Sompting Abbots (H) @ Lancing College. **Return 16.30**

14.30 Girls Netball: U13/11 A and B v Shoreham College (A). **Return 16.30**

14.30 Girls Netball: U12/13 A and B v Shoreham College (H). **Pick up 16.00**

#### Thursday 17 March

14.00-15.45 Year 3 and 4 House Football

14.30 Boys Hockey: U9/8 A and B Sompting Abbots (H). **Pick up 16.00**

14.30 Girls Netball: U8 and U9 v LPH (A). **Return 16.45**

16.30-19.30 8CE Online Parents' Evening: Academic Subjects

#### Friday 18 March - Red Nose Day

Mufti Day for Nursery and Pre-Prep accessorised with red. Donations to be made by ParentPay (see across)

09.00-13.00 Year 3 Ancient Egypt Day with Horsham Museum, Gym

09.30-11.30 Year 8 Sustainability Event at Lancing College

11.55-12.30 Year 7 Set 1 Zoom Call in Science Lesson with Professor Snaith from University of Oxford

15.30-16.00 LPWA Nursery & Reception Bee-fit Party, Gym

16.00-16.45 LPWA Years 1 & 2 Bee-fit Party, Gym

17.30-18.45 LPWA Silent Disco for Years 3-6, Gym



**Don't forget to buy your red noses for £1.50 from the Office or Nursery, ready for Red Nose Day on Friday 18 March. Online donations can be made by ParentPay here:**

<https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=6457>

#### LPWA Notices

Friday 18<sup>th</sup> March 3.30-4pm – Bee-fit Party in the Gym for Nursery & Reception. A parent or guardian must attend with their child. Please send your RSVPs back by Tuesday 15<sup>th</sup> March to the office.

Friday 18<sup>th</sup> March 4-4.45pm – Bee-fit Party in the Gym for Years 1 & 2. Please RSVP by 15<sup>th</sup> March.

Friday 18<sup>th</sup> March – 5.30pm till 6.45pm – Silent Disco in the Gym for Years 3 to 6. Please RSVP by 15<sup>th</sup> March. There will be a Tuck Shop at this event. PLEASE only send your child with up to £3.00. They will only be allowed to purchase once from the tuck shop and only to the amount of £3.00.

#### WORD OF THE WEEK

Repdigit (noun)

A number comprised of a series of repeated numbers, e.g., 9,999

#### House point totals this week:

1 <sup>st</sup> :	<b>NORMANS:</b>	<b>201</b>
2 <sup>nd</sup> :	<b>BRITONS:</b>	<b>187</b>
3 <sup>rd</sup> :	<b>SAXONS:</b>	<b>174</b>
4 <sup>th</sup> :	<b>CELTS:</b>	<b>146</b>

Keep up to date with our online calendar  
[www.lancingprepworthingcalendar.org.uk](http://www.lancingprepworthingcalendar.org.uk)

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# Lancing Prep Worthing

A Lancing College Preparatory School

## Instrumental Lesson Timetable

	Voice & Piano		Drums		
	Simi Fyles		Paul Gunter		
	Monday 14th March		Monday 14th March		
8.00am	Grace W & Sophia B	Keyboard Room	9.30am	Music Room	
8.30am	Amelie K-M		10.00am		NO LESSONS UNTIL
9.00am	Orson W		10.30am		SUMMER TERM
9.30am	Ruby H		11.00am		
10.00am	Phoebe B		11.30am		
10.30am			12.00pm		
11.00am	Leila F		12.30pm		
11.30am	Fraser S		1.30pm		
12.00pm	Elizabeth H		2.00pm		
12.30pm	Molly B		2.30pm		
1.00pm	Amelie K-M		3.00pm		
1.30pm			3.45pm		
2.00pm	Beatrice D		4.45pm		
2.30pm	Jonathan C				
3.00pm	Ryley G				
3.30pm	Peaches C and Amalie S				
4.00pm	John H				

	Cello	Music Room		Piano	Music Room
	Hannah Sloane			Jenny Goodson	
	Monday 14th March			Tuesday 15th March	
8.30am	India G		12.30pm	Autumn S	
			1.00pm		

	<b>Brass</b>	Keyboard Room		<b>Piano</b>	Music Room
	<b>Sarah Leeves</b>			<b>Jenny Goodson</b>	
	<b>Tuesday 15th March</b>			<b>Tuesday 15th March</b>	
9.45AM	Oscar W		3.45pm	Alex B	
10.15am	John H				
10.45am	Autumn S				
11.15am	Millie P				
11.45am	Jasper D				
12.15pm	Lucas C				
12.45pm					
1.00pm	Brass Group				
1.30pm	Thomas S				
2.00pm	Freddie B				
2.30pm	Elliot G				
3.00pm	Ben B				

	Piano		Voice & Piano	
	Jenny Goodson	Music Room		Simi Fyles
	Wednesday 16th March			Wednesday 16th March
2.15pm	Trixie G		11.30am	Lucas K
2.45pm	Clementine C-D & Isla L		12.00pm	Zoya G
3.15pm	Sia S		12.30pm	Hattie S
3.45pm	Cooper P		1.00pm	William B
			1.30pm	
		2.00pm	Francesca G and Rose E	
		2.30pm	Tilly R-C	
		3.00pm	Tilly W	
		3.30pm	Charlotte M	
		4.00pm	Elodie G	
		4.30pm	Ava U	

Keyboard Room

	Piano & Double Bass		Violin and Piano	
	Liz Hosford		Rob Campkin	
	Wednesday 16th March		Wednesday 16th March	
8.30am	Eileen C		Vivian B	
10.00am		9.00am	Hunter L	
10.30am		9.30am	Jessica B	
11.00am		10.00am	Skantha N	
11.45am	Rose E	10.30am	Anvita D	
12.15pm	Theo K	11.00am		
12.30pm	Primrose G			
1.00pm	Sofia S			
1.30pm	Zoya G			
2.00pm	Elliot G			
2.30pm	Jasper D			
2.30pm	Jasper D			

Keyboard Room

Music Room

	Bassoon	Music Room		Violin and Piano	Keyboard Room
	Angela Kirsten			Rob Campkin	
	Thursday 17th March			Thursday 17th March	
8.30am	Devon S		8.45am	Martha M	
		11.00am	Harry C		
		11.30am	Joshua C		
		12.00pm	Molly B		
		12.45pm	Year 2 Strings		
		1.15pm	Logan B		
		1.45pm	Year 1 Group A Strings		
		2.15pm	Year 1 Group B Strings		
		2.45pm	Damian B		
		3.15pm	Ben F		
		4.15pm	Logan B		

Year 2 Group - Emily E, Roseanna E, Max C, Clementine C-D

Year 1 Group A - Primrose G, Oscar K, Chloe B, Jessica W

Year 1 Group B - Jacob S-Y, Leah B, Miles C, Matthew S

	Clarinet & Sax		Piano & Double Bass		
	Lucy Ballard	Keyboard Room	Liz Hosford	Drama Room	
	Thursday 17th March				Thursday 17th March
8.00am	Sebastian K		8.00am		Lana G
8.30am	Jonathan C		8.30am		Lexi P
9.00am	Ruby H		9.00am		Ava U
9.30am	Esmee M		9.30am		Francesca G
10.00am	Janani R		10.00am		Oscar W
10.30am	George R		10.30am		
			10.45am		George R
			11.15am		Millie P
		11.45am	Max B		
		12.15pm	Elizabeth H		
		12.45pm			
		1.15pm	Rosie E		
		1.45pm	Harry C		
		2.15pm	Rex R		
		2.45pm	Oliver E		



	Piano	Music Room		Flute	Keyboard Room
	Jenny Goodson			Dom Smith	
	Thursday 17th March			Friday 18th March	
12.00pm	Joshua C		8.00am		
12.30pm	Autumn S		8.30am	Joshua H	
		9.00am	Kimberley L		
		9.30am	Freddie B		

	<b>Violin</b>	Music Room		<b>Guitar</b>	Drama Room
	<b>Rob Campkin</b>			<b>Barry Worley</b>	
	<b>Friday 18th March</b>			<b>Friday 18th March</b>	
<b>7.45am</b>	<b>Anna B</b>		<b>8.00am</b>		
		<b>8.30am</b>	<b>Henry B</b>		
		<b>9.00am</b>	<b>Ethan S</b>		
		<b>9.30am</b>	<b>Amalie S</b>		
		<b>10.00am</b>	<b>Sam E</b>		
		<b>10.30am</b>	<b>Barney T</b>		
		<b>11.00am</b>	<b>Mikaaeel M</b>		
		<b>11.30am</b>	<b>Jessica B</b>		
		<b>12.00pm</b>	<b>Oliver E</b>		
		<b>12.30pm</b>	<b>Misha M</b>		
		<b>1.00pm</b>			
		<b>1.30pm</b>	<b>Rock Band</b>		
		<b>2.00pm</b>	<b>Eithne N-W</b>		
		<b>2.30pm</b>	<b>Orson W</b>		

	Piano	Music Room
	Jenny Goodson	
	Friday 11th March	
9.45am	Alex B	
1.30pm	Freddie B	

# Lancing Prep Worthing Lunch Menu

WEEK:1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Macaroni cheese baked with a mature cheddar and parmesan crust	Mild chicken Korma with coconut milk	Butchers' sausages Roasted red onions Gravy	Beef lasagne	Breadcrumbed sustainable Fish
Main Course Vegetarian	Sweet potato, spinach & red onion Spanish tortilla	Vegetable, lentil and chickpea Korma	Vegetarian sausages	Roasted vegetable tortilla stack	Falafel Tzatziki Flatbread Chopped salad
Main Course Vegan	Roasted vegetable stack	Vegetable, lentil and chickpea Korma	Vegan sausages	Roasted vegetable burrito	Falafel Tzatziki Flatbread Chopped salad
Side Orders	Sweetcorn Garlic bread Seasonal salad	Basmati & brown rice Cumin roasted cauliflower Naan bread Mango Chutney	Mashed potatoes Roasted carrots peas	Broccoli Olive bread	Chips Baked beans
Seasonal Salad Bar	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread
Dessert of the Day	Apple crumble (vg) Custard Daily fruit pots & yoghurts	Blueberry sponge and vanilla sauce Vegan custard pot Daily fruit pots & yoghurts	Honey rice pudding Vegan fairy cake Daily fruit pots & yoghurts	Freshly made yoghurt with a peach coulis Daily fruit pots & yoghurts	Chocolate cornflake cake Daily fruit pots & yoghurts