

LANCING PREP WORTHING

Weekly Briefing

14 January 2022

The Week Ahead ...

Monday 17 January

Year 5 and 6 in class assessments begin. End Friday 21 January.

09.00-14.00 11+ External Candidate Taster Morning

Wednesday 19 January

14.00 Boys Hockey: U13 A and B v Sompting Abbotts (H) @ Lancing College. **Return 16.30**

14.00 Boys Hockey: U11 A and B v Sompting Abbotts (A) @ Lancing College. **Return 16.30**

Thursday 20 January

14.30 Girls Netball: U9 Girls v Burgess Hill (H). **Pick up 16.00**

14.30 Girls and Boys Netball: U8 Girls and Boys v Shoreham College (A). **Return 16.45**

House Point Totals this week:

1st: **CELTS** 340

2nd: **SAXONS** 304

3rd: **NORMANS** 302

4th: **BRITONS** 279

Keep up to date with our online calendar
www.lancingprepworthingcalendar.org.uk

Follow us on Twitter and Facebook
[@LancingPrepWthg](https://twitter.com/LancingPrepWthg)

WORD OF THE WEEK

Confabulate (verb)

To converse informally; to chat

LPWA Notices

Christmas Jumpers –

We will be collecting any preloved/outgrown Christmas Jumpers at the gate every morning next week. Please donate now ready for the next Christmas Sale.

Events for the Spring Term

-**Preloved Uniform Sale** - We are planning to hold a Uniform Sale in the playground after half term. Date to be confirmed (weather permitting).

-**Children's Parties** – Please pencil Friday 18th March into your diaries. More information to follow.





Lancing College

Senior School & Sixth Form

**Saturday Group Visits available
for Year 9 entry
Book now**

FIND OUT MORE
LANCINGCOLLEGE.CO.UK

YOUR
INCREIBLE
JOURNEY





Lancing College

Senior School & Sixth Form

We are hosting a series of small group visits on Saturdays during January, February and March 2022.

These are dedicated events for pupils who will be entering Year 9 from 2022 onwards.

Available dates and timings are listed below:

Saturday 29 January 2022 (9am, 10am or 11am)

Saturday 5 February 2022 (9am, 10am or 11am)

Saturday 19 March 2022 (9am, 10am or 11am)

Please use the link below for more information and to book your place.

www.lancingcollege.co.uk/lancing-college/admissions/open-mornings-and-sixth-form-evenings

Lancing Prep Worthing Lunch Menu

WEEK:3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Pasta with a choice of sauces: Cheese, tomato and lentil bolognaise, pesto	Breaded chicken breast with optional katsu curry sauce	Roast gammon Yorkshire pudding Rich gravy	Mild beef chilli	Homemade chicken breast goujons, optional smoked paprika mayo
Main Course Vegetarian	Gnocchi baked in a tomato and basil sauce with a cheddar glaze	Halloumi & vegetable kebabs with sweet chilli sauce	Spinach and mushroom and cheese puff pastry case	Roasted vegetable & chickpea burritos	Portobello mushroom stuffed with cheesy lentils
Main Course Vegan	Gnocchi baked in a tomato and basil sauce with a vegan glaze	Vegetable kebabs with sweet chilli sauce	Spinach and mushroom and vegan cheese puff pastry case	Roasted vegetable & chickpea burritos	Portobello mushroom stuffed with cheesy lentils
Side Orders	Broccoli Garlic bread Olives	Mixed grain rice Sweetcorn Cucumber and carrot ribbon salad	Roast new potatoes Carrots Peas	Guacamole & sour cream Long grain rice Roast butternut squash Soft flour tortilla	Skinny fries Coleslaw Baked beans
Seasonal Salad Bar	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread
Dessert of the Day	Poached pears with a chocolate sauce Vegan custard pot Daily fruit pots and yoghurt	Fruit crumble (vg) & custard Daily fruit pots and yoghurt	Strawberry jelly (vg) Daily fruit pots and yoghurt	Banana and strawberry smoothie Daily fruit pots and yoghurt	Chocolate rice krispie cake Daily fruit pots and yoghurt